

## Leadership/Mentorship Program Overview

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| Big Brothers Big Sisters of London and Area                 | Mentoring opportunities to meet the needs of volunteers, young people and families; One to one mentoring and group mentoring<br><a href="https://london.bigbrothersbigsisters.ca">https://london.bigbrothersbigsisters.ca</a><br>Phone: 519 438 4910<br>email: <a href="mailto:info.london@bigbrothersbigsisters.ca">info.london@bigbrothersbigsisters.ca</a>  | No                 |
| Big Brothers Big Sisters of London and Area                 | In-community 1:1 mentoring: matches mentees (ages 7-17) with mentors (18+) based on trust and shared interests; this program is also designed to provide newcomer youth with the unique support they need as they transition into their new home country;<br>In –school group mentoring (at the secondary level)<br>conversation club: youth, aged 12 to 18 years old are mentored by volunteers between the ages of 18 to 30 who are interested in helping a younger newcomer to Canada; with the goal of social integration, weekly meetings allow youths to share their immigration experience, practice English conversation and presentation skills, receive homework help and learn about Canada;<br><a href="https://london.bigbrothersbigsisters.ca/what-we-do/our-programs/">https://london.bigbrothersbigsisters.ca/what-we-do/our-programs/</a><br>Phone: 519 438 4910<br>Email: <a href="mailto:info.london@bigbrothersbigsisters.ca">info.london@bigbrothersbigsisters.ca</a> | Yes                |
| Boys and Girls Club of London                               | Children and Youth Programs: affordable recreational, social and educational programs that promote physical and emotional well-being. Specialty programs include: Leadership, Teen Zone, Supper Club, Social Programs, etc.<br><a href="http://www.bgclondon.ca/children-youth-programs/learn-with-us-education-career-building/leadership">http://www.bgclondon.ca/children-youth-programs/learn-with-us-education-career-building/leadership</a><br>Phone: 519 434 9115<br><b>Junior Leadership Program</b> (Grades 6 to 8): Contact: Cora Kenney 519 434 9115 ext. 252; <a href="mailto:ckenny@bgclondon.ca">ckenny@bgclondon.ca</a><br><b>Senior Leadership Program</b> (Grades 9 to 12): Contact: Heather Fraser 519-434-9115 ext. 254; <a href="mailto:hfraser@bgclondon.ca">hfraser@bgclondon.ca</a>  | No                 |
| Brain Injury Association of London and Region               | Social support through education, recreation and personal networking/ Peer Mentoring Program<br><a href="http://www.braininjurylondon.on.ca/support/peer-support-mentor-program/">http://www.braininjurylondon.on.ca/support/peer-support-mentor-program/</a><br>Phone: 519 642 4539   | No                 |
| Canadian Centre for Activity and Aging (Western University) | Community Outreach Program - Leadership Training; programs instruct exercises to older adults; programs include: Home Support Exercise Program, Seniors Fitness Instructors Course for   | No                 |

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|  | <p>older adults, Functional Fitness for Older Adults, Restorative Care Education and Training Program, and more<br/> <a href="https://www.uwo.ca/ccaa/education/index.html">https://www.uwo.ca/ccaa/education/index.html</a><br/>           Phone: 519 661 1607</p>   |                    |
| CESO (Canadian Executive Service Organization) | <p>Charity that works in Canada and internationally to reduce poverty; volunteer advisors are matched with economic development projects, to advise, mentor and share expertise; works to develop the private sector and strengthen the public sector<br/> <a href="https://www.ceso-saco.com">https://www.ceso-saco.com</a><br/>           Phone: 1-800-268-9052<br/> <a href="mailto:info@ceso-saco.com">info@ceso-saco.com</a></p>   | No                 |
| City Art Centre                                | <p>Offers a safe haven for adults who face mental health challenges to express themselves artistically, gain skills and facilitate recovery; resource library, peer support, fellowship and encouragement; offers a chance to develop inner motivation and leadership skills through participation in board of directors' elections<br/> <a href="http://www.cityartcentreontario.ca">http://www.cityartcentreontario.ca</a><br/>           Phone: 519 433 0991<br/> <a href="mailto:cityartcentreontario@gmail.com">cityartcentreontario@gmail.com</a></p>   | No                 |
| Collège Boréal – London Access Centre          | <p>Ontario Employment Services – Youth Job Connection<br/>           Paid pre-employment training, job matching, paid job placements with placement supports for participants and hiring incentives for employers; mentorship; education and work transition supports;<br/> <a href="https://windsorsex.cioc.ca/record/LON5683">https://windsorsex.cioc.ca/record/LON5683</a><br/>           Contact: Anaise Muzima; Phone: 519 672 1562 ext 7122<br/>           Email: <a href="mailto:anaise.muzima@collegeboreal.ca">anaise.muzima@collegeboreal.ca</a><br/>           General inquiries:<br/> <a href="mailto:infoCSO@collegeboreal.ca">infoCSO@collegeboreal.ca</a><br/>           Phone: 519 451 5194</p> | No                 |
| Community Living London                        | <p>Supports and develops self-advocacy through education, mentoring and active participation in organizational and community life for people with developmental disabilities; New Vision Advocates;<br/> <a href="https://www.cll.on.ca/new-vision-advocates/">https://www.cll.on.ca/new-vision-advocates/</a><br/>           Phone: 519 686 3000<br/> <a href="mailto:info@cll.on.ca">info@cll.on.ca</a></p>   | No                 |
| Cross Cultural Learner Centre (CCLC)           | <p>Community Connections Program: brings together newcomers and long-time Canadian residents to encourage intercultural awareness, volunteerism, and social and civic engagement;</p>   | Yes                |

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|   | <p>Small Groups for Adults &amp; Families Programs, Youth Programs, Canada Connects (formerly known as “Match”) Program, Conversation Circles and Networking Programs;<br/> <a href="https://lcclc.org/community-connections/">https://lcclc.org/community-connections/</a><br/>           Phone: 519 432 1133<br/> <a href="mailto:cclc@lcclc.org">cclc@lcclc.org</a></p>  |                    |
| <p>Crouch Neighbourhood Resource Centre</p> | <p>Child and Youth Programs: Leadership opportunities, nutrition, recreation and education programs, after school programs, summer programs, and entrepreneurial programs<br/> <a href="https://www.crouchnrc.org">https://www.crouchnrc.org</a><br/>           Phone: 519 642 7630<br/> <a href="mailto:cnrc@rogers.com">cnrc@rogers.com</a></p>   | <p>No</p>          |
| <p>Emmaus CARES</p>                         | <p>Road to HOPE - London<br/>           Leadership training for individuals wanting to be certified Road to HOPE group leaders. The organization provides</p> <ul style="list-style-type: none"> <li>- group and individual counselling regarding the effects of childhood trauma, abuse or neglect</li> <li>- training and consultation for other agencies and professionals aimed at increasing awareness and understanding of the needs of adult survivors</li> </ul> <p><a href="http://emmauscares.com/services/">http://emmauscares.com/services/</a> or<br/> <a href="http://emmauscares.com/volunteer/">http://emmauscares.com/volunteer/</a></p>   | <p>No</p>          |
| <p>Immploy - WIL</p>                        | <p>Links employers to tools and resources for recruiting, hiring, and retaining skilled immigrants; mentorship programs bring together immigrant talent with volunteer mentors at regional companies; newcomers are matched with local mentors in their field to better understand the regional job market, establish networking contacts, and learn more about sector-specific language and professional practice in Canada;<br/> <a href="https://www.immploy.ca/services/mentorship-programs/">https://www.immploy.ca/services/mentorship-programs/</a><br/>           Contact: The Skill Centre<br/>           Phone: 226 884 9167<br/>           Email: <a href="mailto:info@immploy.ca">info@immploy.ca</a></p> | <p>Yes</p>         |
| <p>Investing in Children</p>                | <p>Nonprofit organization that works with community partners to identify gaps and create unique opportunities for children and families; works with and develops neighbourhood-based programs, community projects, raising awareness, policy and planning and tools; programs focus on literacy, numeracy, leadership, proper nutrition and other keys to future success<br/> <a href="http://investinginchildren.on.ca">http://investinginchildren.on.ca</a><br/>           Phone: 519 433 8996<br/>           Email: <a href="mailto:info@investinginchildren.on.ca">info@investinginchildren.on.ca</a></p>   | <p>No</p>          |

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| Junior Achievement London and District                          | Nonprofit organization that educates young people about business, economics and financial literacy; helps young people learn leadership, entrepreneurial and workforce readiness skills; advice and guidance provided by adult advisors/mentors from business industry<br><a href="https://www.jacanada.org/jaswo">https://www.jacanada.org/jaswo</a><br>Phone: (519) 439-4201<br>Email: <a href="mailto:info@jaswo.org">info@jaswo.org</a>   | No                 |
| London and Area Association for Volunteer Administration (LAVA) | Promotes volunteer management: leadership, advocacy and education on volunteer management in the community<br><a href="https://londonava.wordpress.com">https://londonava.wordpress.com</a>   | No                 |
| London Military Family Resource Centre                          | Community-based, nonprofit organization providing information, resources and services to military members, civilian employees and their families, including volunteer leadership and community involvement<br><a href="https://www.cafconnection.ca/London/Home.aspx">https://www.cafconnection.ca/London/Home.aspx</a><br>Phone: 519 660 5366<br>Contact: <a href="mailto:Brenda.Willsie@forces.gc.ca">Brenda.Willsie@forces.gc.ca</a><br>For Welcome & Community Integration/Volunteer Development/Community Engagement:<br>Bev. Robbins, Phone: 519 660 5275 ext. 5027 | No                 |
| LUSO Community Services   | North East Area Youth Support Program: Youth programs including after school home support, art program, girls group, drop-in activities to assist with pre-employment and leadership development; special events<br><a href="http://www.lusocentre.org">http://www.lusocentre.org</a><br>Phone: 519 452 1466<br>Email: <a href="mailto:info@lusocentre.org">info@lusocentre.org</a>   | No                 |
| Northwest London Resource Centre                                | Provides community development with a focus on inclusiveness and access to community services, information, activities, and initiatives; programming and events support skill-building, leadership, mentoring, healthy lifestyles, and community participation; aims to reduce social isolation, provide education and employment opportunities, increase social and life skills, and strengthen the neighbourhood<br><a href="https://nwlrc.ca/">https://nwlrc.ca/</a><br>Phone: 519 471 8444<br>Email: <a href="mailto:info@nwlrc.ca">info@nwlrc.ca</a>                 | No                 |
| Pillar Nonprofit Network  | Leadership, advocacy and support to the nonprofit sector through the promotion of volunteerism, professional development, networking, and information; facilitates social enterprise, social innovation and cross-sector collaboration;   | No                 |

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|  | <p>website connects volunteers and organizations needing help<br/> <a href="https://pillarnonprofit.ca/">https://pillarnonprofit.ca/</a><br/>           Phone: 519 433 7876<br/> <a href="mailto:membership@pillarnonprofit.ca">membership@pillarnonprofit.ca</a></p>   |                    |
| Scouts Canada – London Area                            | <p>Provides opportunities for youth and adults to be involved in programs that focus on community service, spirituality (all faiths are welcome) and outdoor experiences including awareness of need of environmental stewardship; adults and older youth can join in leadership or leadership training roles; opportunities to be mentored and provide mentorship<br/> <a href="https://londonscouts.ca">https://londonscouts.ca</a><br/>           Area Commissioner: Roberta Nielsen, <a href="mailto:birdie@londonscouts.ca">birdie@londonscouts.ca</a></p> | No                 |
| Single Women in Motherhood (SWIM) Training Program Inc | <p>Golden Connection Pal Program: connects participants with an experienced and established woman who can provide mentorship and friendship; \$25 yearly membership required<br/> <a href="https://singlewomeninmotherhood.com/">https://singlewomeninmotherhood.com/</a><br/>           Phone: 519 432 5454<br/> <a href="mailto:info@singlewomeninmotherhood.com">info@singlewomeninmotherhood.com</a></p>  | No                 |
| South London Neighbourhood Resource Centre (SLNRC)     | <p>Intergenerational Computer Classes: One-to-one mentoring by volunteer students for email and online instructions<br/> <a href="http://www.slnrc.org/">http://www.slnrc.org/</a><br/>           Phone: 519-686-8600</p>   | No                 |
| South London Neighbourhood Resource Centre (SLNRC)     | <p>The Newcomer Youth Community Connections program encourages social, cultural and FUN interactions between newcomer youth and their community both in-person as well as in a virtual setting. Programs assist newcomer youth to become engaged and feel at home in London.<br/> <a href="http://www.slnrc.org/newcomer-youth/">http://www.slnrc.org/newcomer-youth/</a><br/>           Phone: 519 686 8600</p>  | Yes                |
| South London Neighbourhood Resource Centre (SLNRC)     | <p>Adult &amp; Senior Volunteer Opportunities: Volunteer opportunities and training for adults and seniors 25+ in the South London community who are facing barriers that limit their employment opportunities. Participants receive training, placement and supervision as well as support to become lead organizers of activities and programs.<br/> <a href="http://www.slnrc.org/adults-and-seniors/">http://www.slnrc.org/adults-and-seniors/</a><br/>           Phone: 519 686 8600</p>   | Yes                |
| St. Leonard’s Community Services                       | <p>Peer Power Centre: Based in restorative practices, Peer Power is geared to help empower and support youth through intervention and prevention; training includes “Moment of Choice”, peer helping, leadership, peer mediation, and communication skill building<br/> <a href="https://www.slcs.ca/">https://www.slcs.ca/</a><br/>           Phone: 519 850 3777</p>  | No                 |

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| Thames Valley Children's Centre                    | <p>Parent Mentor Service: The Parent Mentors are parents of children with special needs who have knowledge and experience working with the education system. Parent Mentors work with families and caregivers to help them develop and maintain effective relationships with their child's school, enhance understanding of how the education system works, assist with approaches to planning for their child and with problem solving school related issues.</p> <p><a href="https://www.tvcc.on.ca/">https://www.tvcc.on.ca/</a><br/>Phone: 519 685 8700</p> | No                 |
| Up With Women                                      | <p>Non-profit which coaches and mentors in cities across Ontario helping recently homeless and at-risk women to build sustainable, prosperous careers and businesses with the aim of permanently exiting poverty; clients undergo a year-long intensive program of career and entrepreneurship-based one-on-one customized coaching, in-depth personality and emotional assessment tools, group-support sessions, and soft-skills development.</p> <p><a href="https://upwithwomen.org/who-we-are-2/">https://upwithwomen.org/who-we-are-2/</a></p>             | No                 |
| WIL Employment Connections                         | <p>Employment counselling services and career development programs for unemployed adults; specializes in employment programs and services for immigrants and Canadian newcomers; services include mentorship programs</p> <p><a href="http://www.wil.ca/">http://www.wil.ca/</a><br/>Phone: 519 663 0774<br/><a href="mailto:careerinformation@wil.ca">careerinformation@wil.ca</a></p>   | Yes                |
| Western University – Indigenous Student Centre     | <p>Indigenous Leadership Program engages students in extra-curricular activities to help them develop leadership skills. Program objectives include: building Indigenous specific leadership skills and values, creating Indigenous specific leadership models and enhancing students leadership knowledge, skills and experience.</p> <p><a href="http://indigenous.uwo.ca/students/index.html">http://indigenous.uwo.ca/students/index.html</a><br/>Phone: 519 661 4095<br/><a href="mailto:is.staff@uwo.ca">is.staff@uwo.ca</a></p>                          | No                 |
| Western University – Academic Support & Engagement | <p>Leadership &amp; Academic Mentorship Program (LAMP): provides an inclusive and welcoming community for all students; students can request an upper year Peer Mentor from their Faculty or Program and are kept up-to-date on events, programs, and academic deadlines throughout the year. LAMP Mentors provide academic and social support to offer a successful transition to university life</p> <p><a href="http://academicsupport.uwo.ca/">http://academicsupport.uwo.ca/</a></p>   | No                 |

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|  | Phone: 519 661 3017<br><a href="mailto:ase@uwo.ca">ase@uwo.ca</a>   |                    |
| Western University – Academic Support & Engagement             | Leadership Education Program (LEP): free program that provides Western undergraduates with an opportunity to gain a wealth of knowledge that will help them become truly effective leaders; LEP is a series of workshops that cover three subjects: Individual Leadership, Group Leadership, and Community Leadership<br><a href="http://academicsupport.uwo.ca/">http://academicsupport.uwo.ca/</a><br>Phone: 519 661 3017<br><a href="mailto:ase@uwo.ca">ase@uwo.ca</a> | No                 |
| Western University – Academic Support & Engagement             | Society For Mature Students (SMS) Mentoring Program: connects mature students with an upper year Mature Student from their faculty<br><a href="http://academicsupport.uwo.ca/">http://academicsupport.uwo.ca/</a><br>Phone: 519 661 3017<br><a href="mailto:sms@uwo.ca">sms@uwo.ca</a>  | No                 |
| Western University - International and Exchange Student Centre | International Peer Connection Program: Newly arrived international students can request to be matched with a student Peer Guide for transition support and guidance.<br><a href="http://www.iesc.uwo.ca">www.iesc.uwo.ca</a><br>Phone: 519 661 2111, Ext. 89309<br><a href="mailto:iesc@uwo.ca">iesc@uwo.ca</a>   | No                 |
| YMCA of Southwestern Ontario                                   | YMCA Mapping the Way for Newcomer Youth: Leadership, community engagement and integration program for youth (ages 12-24) who are permanent residents and convention refugees<br><a href="http://ymcaswo.ca/">http://ymcaswo.ca/</a><br>Phone: 519 667 3300  | Yes                |